



A systematic review of psychometric assessment of the Jefferson Scale of Empathy using the COSMIN Risk of Bias checklist

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Abstract

Introduction: Empathic communication in health care may enhance positive patient and health care professional relationships, patient satisfaction and can buffer professional burnout. The Jefferson Scale of Empathy (JSE) was developed based on the need to quantitatively measure levels of empathy, particularly in health care settings. Evaluating the utility of empathy is underpinned by the psychometric rigour of the instruments used to measure it. The aim of this study was to critically evaluate the current evidence on the measurement properties of the JSE.

Methods: Two reviewers independently searched six databases for papers describing psychometric assessment of the JSE from January 2000 to July 2018 inclusive. The studies were independently assessed for methodological quality using the Consensus-based Standards for the selection of health Measurement Instruments (COSMIN) Risk of Bias checklist.

Results: The search strategy resulted in the retrieval of 985 papers, of which 59 were included in this study. The majority of papers reported on measures of structural validity and internal consistency, and it was in these areas which the highest quality of reporting was demonstrated. Additionally, there was a generally very good quality in reporting of convergent validity. Reliability, measurement error, cross-cultural validity were reported with less than optimum quality.

Conclusion: The JSE demonstrates robust structural validity, internal consistency, and convergent validity. These measurement properties are generally well reported in the literature in studies of good methodological quality, and thus may be interpreted with relative confidence when used in empathy research. However, current evidence is limited for the properties of reliability, measurement error, and cross-cultural validity. Thus, a degree of caution should be considered in drawing conclusions when using the JSE with regard to these properties. It is recommended that future examinations of the JSE refer to the COSMIN guidelines to ensure complete and well-reported psychometric data are included.

List of abbreviations: COSMIN, Consensus-based Standards for the selection of health Measurement Instruments; IRI, Interpersonal Reactivity Index; JSE, Jefferson Scale of Empathy; JSPE, Jefferson Scale of Physician Empathy; NEO-PI-R, NEO Personality Inventory-Revised

Trial registration: This study has been registered with PROSPERO: CRD42018111412

KEYWORDS

empathy, psychometrics, systematic review

INTRODUCTION

Empathy is considered important for health care practitioners, and has been empirically shown to improve clinical outcomes¹, and improve communication between caregivers and patients². Therefore, ensuring the tools which measure this characteristic are psychometrically sound, is important. Evaluating the utility of empathy in health care settings is underpinned by the psychometric rigour of the instruments used to measure it.

Empathy is a multidimensional construct and includes both affective and cognitive components. The affective component of empathy involves experiencing the feelings of others³. On the other hand, cognitive component is the ability to understand the experiences and feelings of others, but also the capacity to communicate this understanding back to them³. Although empathy includes these two components, it is viewed predominately as cognitive attribute in health care settings⁴.

Empathy in health care settings is important because it enhances positive patient outcomes and satisfaction^{1,5,6}. It has been reported that empathetic communication facilitates positive interaction and relationship between patients and the health care professionals^{6,7}. Furthermore, this relationship has a positive effect on physicians and can buffer against professional burnout^{8,9}.

Hojat and his colleagues developed the Jefferson Scale of Physician Empathy (JSPE)³ to measure empathy in health care settings. The original scale title was later changed to Jefferson Scale of Empathy (JSE) for use in wider populations of health profession students and practitioners¹⁰. For the purposes of this study, "JSE" will be used to encompass all subsequent versions of the scale used for various populations.

While there are a number of instruments that measure empathy; arguably the JSE is one of most common measurement tools used within the context of health care. The instrument has been translated into 55 different languages and used worldwide in countries such as Australia, China, America, Brazil, and the Czech Republic, demonstrating its cross-cultural application¹¹. While the JSE has been extensively utilized for the study of empathy in health care settings, to the best of our knowledge no systematic review has been undertaken examining the methodological quality of studies that have assessed the JSE psychometric properties.

Development of a scale to measure empathy of health care professionals

Hojat et al.³ stressed the need for a psychometrically sound instrument to measure empathy among health care professionals and medical students and developed a scale to measure physician empathy. Three groups participated in the development study. Group 1

consisted of 55 physicians, group 2 composed of 41 internal medicine residents, and group 3 comprised of 193 third year medical students. The first version of the JSPE was developed based on an extensive literature review. Subscales from other empathy instruments were also used to test its validity. These included *empathetic concern*, *perspective taking*, and *fantasy scale*, adapted from the Interpersonal Reactivity Index (IRI)¹², *warmth* and *dutifulness*, adapted from the NEO Personality Inventory-Revised (NEO-PI-R)¹³, and the Faith in People Scale^{14,15}.

The IRI was designed to assess empathic tendencies and consists of four separate subscales: perspective taking, fantasy, empathic concern, and personal distress¹². The NEO PI-R assessed adult personality based on the five-factor model of personality: neuroticism, extraversion, openness to experience, agreeableness, and conscientiousness¹³. The Faith in People Scale was designed to assess attitudes to human nature in general¹⁵.

The first version of the 90-item JSPE was tested using the Delphi method to obtain the content of the instrument, its face validity, and its clarity. Fifty-five physicians (group 1) reviewed the first version and crossed out items that they deemed irrelevant in measuring empathy. They edited the items to increase its clarity and also added items that they believed should be included in the measure. Further validity of the scales were obtained from 193 third year medical students (group 3). They included *personal attribute of empathy*, *global sympathy*, *personal attribute of compassion*, *trust*, *tolerance*, *personal growth* (through patient interaction), *communication* (of the understanding), *self-protection*, *humour*, and *clinical neutrality*³.

The modified JSPE consisted of 45 items, and together with the IRI scales, were completed by 41 resident physicians (group 2). Additionally, the modified 45-items JSPE together with other instruments (IRI scales, personality facets of the NEO PI-R, Faith in People Scale, and personal attributes) were completed by 193 medical students (group 3) for psychometric properties.

To investigate the underlying structure of the JSPE, data from the medical students were subjected to principal component analysis with orthogonal varimax rotation. Four components emerged from this and were retained based on the Kaiser's criteria where a component with an eigenvalue above 1 is retained¹⁶. The first factor that emerged from this study was labelled as "Physicians view from the patient's perspective"; the second factor was labelled "Understanding patients experiences, feelings, and clues"; factor three which was reverse scored was labelled "Ignoring emotions in patients"; and finally factor four was labelled as "Thinking like the patient". Factors three and four were deemed to be less stable as each factor had less than three items. Among the 20 items that were retained, 17 of these had positive factor structure coefficients with scores ranging from 1 (*strongly disagree*) to 7 (*strongly agree*). The remaining three items with negative factor structure coefficients were reverse scored on a scale ranging

from 7 (*strongly disagree*) to 1 (*strongly agree*). Scores can range from 20 to 140 with higher score indicating greater empathy.

The criterion-related validity of JSPE was examined against the IRI. It was found that JSPE correlated with the IRI^{12,17} with moderate correlations found between perspective taking and empathetic concern ($r = 0.40$). Further, empathetic concern was found with compassionate care ($r = 0.41$)¹⁷. However, lower correlations were observed between the fantasy and personal distress subscales of the IRI, as these subscales were suggestive of measuring sympathy as opposed to empathy¹⁷.

Kaiser's eigenvalue criterion has been criticized for being prone to over extraction of factors¹⁸, while the practice of determining the names of factors based on item content rather than theory has been questioned¹⁹. When Hojat et al.'s (2001)³ two-factor theoretical model of empathy is considered (understanding the experiences of others, and communicating this understanding), it could be argued that there is a lack of congruence between the JSPE's measurement of empathy and the theoretical conceptualisation of empathy.

Subsequent research has proposed various factor structures of the JSE. Many studies have identified a three-factor structure comprising "perspective taking," "compassionate care," and "standing in patient's shoes"²⁰⁻²². However, other authors have reported a four-factor model. For example, a study on Austrian medical students identified three factors which showed similarities to the aforementioned factors, with an additional factor of "negative/no influence of moderating factors and (empathetic) techniques/skills on process/outcome"²³. A four-factor model was also proposed in a study with dental students in India, encompassing "understanding patient's feelings", "sense of confusion," as well as two factors related to "ignoring the emotional component"²⁴. A two-factor structure has also been proposed, consisting of "perspective-taking" and "compassionate care"²⁵.

Given this lack of congruence, a systematic investigation into the quality of assessment of psychometric validity of the JSE is warranted.²⁶

The Consensus-based Standards for the selection of health Measurement Instruments (COSMIN) methodology

The Consensus-based Standards for the selection of health Measurement Instruments (COSMIN) methodology was developed to guide the performance of systematic reviews of patient-reported outcome measures (PROMs). A PROM is a measure of "any report of the status of a patient's health condition that comes directly from the patient, without interpretation of the patient's response by a clinician or anyone else"²⁷ and they have the potential to improve health care outcomes and increase patient-centred care²⁸⁻³⁰. A checklist was developed by the COSMIN group to enable the evaluation of the methodological quality of studies on measurement properties these self-reported outcome measurement tools³¹, where the standards used to assess each of 10 measurement properties are outlined. It should be noted that the COSMIN methodology uses the word "patient" to identify the relevant population, however this may be modified to suit the population under examination³². In the present

study the terms "health care student" or "health care professional" are the more appropriate terms for outcome measurements examined.

Generally, the COSMIN methodology is employed to make a systematic evaluation of the most suitable tool to measure a certain construct. For example, heart rate recovery in athletes³³, physical function measures used in intensive care units³⁴, or health-related quality of life in cervical cancer patients³⁵. However, it can also be used to review the measurement properties of a single outcome measurement instrument^{32,36,37}. In the present review, studies reporting on the measurement properties of the JSE were examined using the guidelines provided by the COSMIN group and their Risk of Bias checklist^{31,32}.

A review of the literature indicated the majority of published papers using the COSMIN methodology utilized an earlier version of the instrument^{38,39}. Since this time the methodology has been updated considerably^{31,32}. For detailed explanation of the changes made to the COSMIN instrument, the reader is encouraged to consult Mokkink et al.³². To note, the major modifications to the updated COSMIN instrument are:

- Inclusion of poorer quality studies in the summary of published studies.
- Removal of criteria regarding a reasonable gold standard for criterion validity and responsiveness. An exception can be made when a shortened instrument is compared to the original long version; the latter being deemed as the gold standard.
- Removal of standards on formulating hypotheses for hypotheses testing for construct validity and responsiveness
- Removal of standards on adequate sample size for single studies from categories where it is possible to pool the results. Sample sizes can then be considered when formulating conclusions.
- Indicators of the quality of language translation processes for outcome tools are no longer assessed.
- The ratings for each psychometric characteristic have been changed from "excellent", "good", "fair", and "poor", to the terms "very good", "adequate", "doubtful", and "inadequate", with an additional "not applicable" option.
- Removal of standards on missing data and handling missing data as the lack of reporting on number of missing items and on how missing items are handled does not automatically result in biased results of the study.

The present study utilized the updated version of the COSMIN Risk of Bias checklist³¹.

Aim

The aim of this study was to conduct a systematic review of studies that have assessed the psychometric properties of the JSE. This type of systematic review has been previously described⁴⁰, and primarily involves completing a systematic literature search, assessing the methodological quality of included studies, evaluating the evidence for each

measurement property, and drawing conclusions from best evidence synthesis⁴⁰. The COSMIN Risk of Bias checklist³¹ will be utilized for these evaluations. The completion of these processes will enable recommendations to be made regarding the level of confidence with which researchers may use the JSE, and provide benchmarking for use of the scale in future research.

Protocol registration

The study protocol has been registered with PROSPERO: CRD42018111412.

METHODS

Literature search strategy

Six databases (Medline, Embase, PsycINFO, PubMed, Web of Science, and CINAHL) were systematically searched for journal articles published in English, between January 2000 and July 2018 inclusive. The search terms used were "Jefferson" AND "Empathy", "Health Personnel" OR "Student", "Reliability" OR "Validity" OR "Factor Analysis" OR "Classic Test Theory" OR "Item Response Theory".

Eligibility criteria

Studies were included if original data was reported on at least one of the psychometric measurement properties described in the COSMIN Risk of Bias checklist³¹, examined the JSE (student, physician, or health profession version), and was published in English. Two reviewers independently assessed the titles and abstracts of the articles to determine whether inclusion criteria were met. Subsequent full-text review resulted in the exclusion of additional articles. Any disagreement that arose was resolved through discussion by the two reviewers until a consensus was reached.

Data collection process

The eligible studies were then examined by the two reviewers and relevant information was captured regarding the general characteristics of the studies. This included authors, language of use, country in which the study took place, population of study participants, mean age, gender, and response rate. Data were then extracted according to guidelines from the COSMIN Risk of Bias checklist³¹. In the present study, the term "Outcome measure instrument development" was used instead of the original "Patient reported outcome measure development" to more accurately reflect that the included studies examined outcomes reported by health care professionals or students, as opposed to patients.

Assessing the risk of bias

Assessment of the methodological quality of the selected studies was carried out using the COSMIN Risk of Bias checklist which contains 10 boxes used to assess a study on standards for good methodological quality (Table 1).

Evaluation of each measurement property

Each measurement property was scored on a four-point scale using the descriptors "very good", "adequate", "doubtful", and "inadequate". A "not applicable" option was also included for each property, and the measurement properties that were relevant to each study were assessed. An overall score for the methodological quality of each measurement property was determined by taking the lowest rating of any of the items in a box, that is "the worst score counts" principle⁴¹. For example, in the Structural validity box, if a confirmatory factor analysis was undertaken (a "very good" rating), but the sample size was < 5 times the number of items (an "inadequate" rating), the overall quality rating for this box would be judged as "inadequate". The assessment of the methodological quality of the studies was performed independently by two reviewers. Any disagreement that arose was resolved by discussion by the reviewers until a consensus was reached.

As this study examined one outcome instrument, the first two boxes in the Risk of Bias checklist which related to content validity, "outcome measure tool development" and "content validity", were deemed to be applicable to only the original paper which described the development of the JSE³ and thus excluded from this study as a synthesis of evidence was unable to be drawn. Criterion validity and responsiveness were also excluded as they were not applicable to this evaluation.

Summary and assessing the quality of the evidence

One all included studies were evaluated for their psychometric reporting quality, a synthesis of best existing evidence for each

TABLE 1 COSMIN Risk of Bias checklist summary³¹

<i>Content validity</i>	
Box 1	Outcome measure tool development
Box 2	Content validity
<i>Internal structure</i>	
Box 3	Structural validity
Box 4	Internal consistency
Box 5	Cross-cultural validity\measurement invariance
<i>Remaining measurement properties</i>	
Box 6	Reliability
Box 7	Measurement error
Box 8	Criterion validity
Box 9	Hypotheses testing for construct validity
Box 10	Responsiveness

measurement property was then summarized according to the following table (Table 2) adapted from Chiarotto et al., 2016⁴²:

RESULTS

Study selection and characteristics

The search strategy resulted in 985 articles retrieved from six databases; Medline, Embase, PsycINFO, PubMed, Web of Science, and CINAHL. From this, 558 duplicates were found, resulting in a total of 427 articles as shown in Figure 1. After assessing articles for inclusion and exclusion criteria, a total of 59 articles were included in the methodological evaluation using the COSMIN Risk of Bias checklist.

The majority of the cohorts that were previously studied with the JSE consisted of medical students or practitioners, with 44 out of 59 studies involving one or both groups. Other professional cohorts studied included nurses, as well as health care students from nursing, dentistry, pharmacy, paramedicine, and osteopathic medicine disciplines. Thirty-four studies examined a translated version of the JSE. Nine studies involved versions in Spanish, four Iranian, and three in Turkish, Italian, and Chinese. Other language versions examined were Japanese (2 studies), Portuguese (2), French (1), Polish (1), Czech (1), Bengali (1), German (1), and Slovenian (1). The general characteristics of these studies are presented in Table 3.

Risk of bias of JSE measurement properties

Structural validity

Structural validity is a relevant measure only if the outcome instrument to be assessed is based on a reflective model. That is, all items in the instrument are indicators of the one construct undergoing measurement³². The JSE was judged to be based on a reflective model, thus it was appropriate to undergo examination for structural validity. Overall, 53 of the 59 studies examined the structural validity of the JSE. Eighteen studies performed a confirmatory factor analysis and thus received a "very good" rating, and 24 studies performed an exploratory factor analysis, so were considered to be "adequate".

TABLE 2 Levels of evidence for the quality of measurement properties

Level	Rating [†]	Criteria
Strong	+ or -	Consistent findings in multiple studies of good methodological quality OR in one study of excellent methodological quality
Moderate	+ or -	Consistent findings in multiple studies of fair methodological quality OR in one study of good methodological quality
Limited	+ or -	One study of fair methodological quality
Conflicting	+ or -	Conflicting findings
Unknown	?	Only studies of poor methodological quality or no studies

[†]+ = positive rating, ? = indeterminate rating, - = negative rating

Eleven studies did not report either type of factor analysis and therefore were scored as "inadequate". A three-factor structure of the JSE was most commonly reported, with 16 studies describing this arrangement^{7,10,20,21,43,50,52,58,63,64,66,68,72,79,83,88}. One of these studies reported two different factor structures which was dependent on the medical student cohort involved; a three-factor structure for a pre-clinical cohort, and four factors for the clinical cohort⁷⁹. One further study supported a four-factor structure, and one study, a two-factor structure⁸⁷.

Internal consistency

Fifty-seven studies reported on internal consistency of the tool, of which, 42 studies were assessed as being "inadequate" in this regard. Inadequate ratings for internal consistency were generally due to the internal consistency statistic (most commonly Cronbach's alpha) being calculated for entire scale, not each subscale separately. However, 15 studies received a rating of "very good", which indicated that the internal consistency statistic had been calculated for each subscale within the JSE, as well as adhering to the other requisites for assessing this property. For the studies reporting a three-factor structure, the Cronbach's alpha range for the most commonly utilized factors were as follows: "perspective taking" 0.44 - 0.90, "compassionate care" 0.58 - 0.87, and "standing or walking in the patient's shoes" 0.45 - 0.77.

Cross-cultural validity

As has previously been identified, the COSMIN Risk of Bias checklist no longer includes an assessment on the quality of language translation as in the previous version of the checklist. The cross-cultural validity is now assessed when there is data from at least two different groups, and the scores of these groups are directly compared in one statistical model. Three papers could be evaluated under these provisions. Two of the studies which compared the Spanish version of the JSE in Spain and Latin American countries^{43,47} had "doubtful" reporting quality. However cultural comparison involving Brazil, Ireland, New Zealand, Portugal, and the United Kingdom was reported in an "adequate" manner⁴⁵.

Reliability and Measurement error

For the majority of studies reported in this paper, reliability and measurement error were not applicable as repeated measures were not utilized. Overall, nine studies reported on repeated measures, and thus were able to be assessed for reliability and measurement error. No study received a "very good" rating for reliability, indicating that the studies lacked evidence regarding the stability of participants between measures, the appropriate time interval between measures, similarity of test conditions, and/or inadequate statistical methods. Three studies were judged as "adequate", five "inadequate," and one "doubtful". Of the nine studies that included repeated measures, no papers calculated the percentage agreement, which was one of the requisites to achieve a "very good" or "adequate" rating on assessment of measurement error. Thus, all nine studies were assessed as "inadequate".

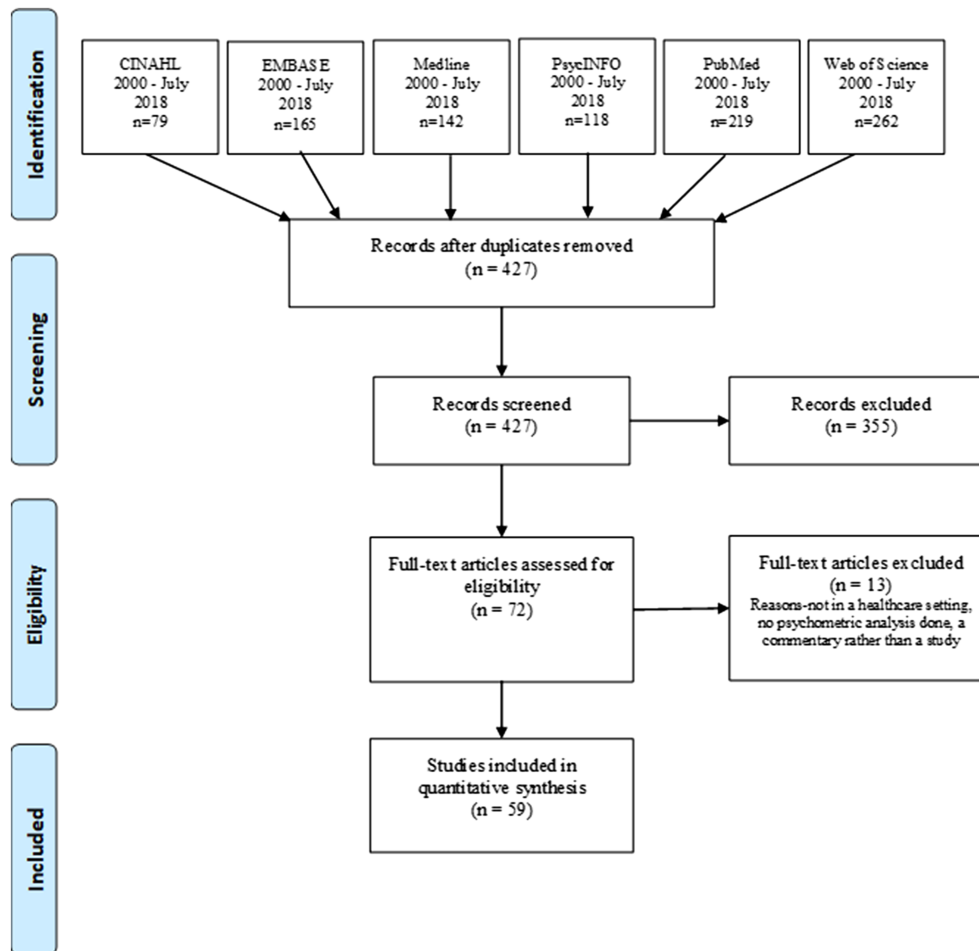


FIGURE 1 PRISMA Flow Diagram

Hypothesis testing for construct validity—Convergent validity

Hypothesis testing for convergent validity assumes that the tool under investigation is a valid measure of the relevant concept and occurs when it is compared to another related outcome measurement tool³². Nine studies undertook such a comparison, with six studies investigating comparisons with the IRI¹². Of these, five were rated “very good” and one “inadequate”. Other comparisons were made with the Empathic Tendency Scale⁸⁸ and between two different versions of the JSE^{7,85}. These latter three scored “very good” for this component. A summary of methodological quality of the studies is presented in Table 4.

DISCUSSION

The JSE has been widely used in many different countries and cultures⁹¹. However, to the best of our knowledge, this is the first systematic review to examine the risk of bias in the reporting of measurement properties of the JSE (physician version, student version, and other health care versions). Fifty-nine studies were identified for inclusion by a systematic literature search encompassing the dates January 2000 to July 2018 inclusive. The evaluation was undertaken using the COSMIN guidelines and the COSMIN Risk of Bias checklist^{31,32}.

Despite being a commonly used instrument to measure empathy in health care settings, this study has demonstrated that the quality of reporting of psychometric properties of the JSE is inconsistent and suboptimal.

Structural validity and internal consistency are the most frequently described JSE psychometric characteristics in the literature. Both have been reported well in many studies, demonstrating a strong level of evidence for their use (Table 5). Convergent validity has been assessed in far fewer studies and generally through comparisons with the IRI scale. However, the existing research does demonstrate a strong level of evidence (Table 5) indicating that researchers may have a high level of confidence in results for this property.

In comparison, some other psychometric components of the JSE have not been comprehensively evaluated or reported well as assessed with the COSMIN Risk of Bias checklist. Reliability and measurement error have not generally been well described in existing studies. Nine out of the fifty-nine studies included results of repeated measures^{4,22,23,49,54,61,64,68,80}, required for assessment of these properties. The results of all nine studies were assessed to be “inadequate” or “doubtful” for both reliability and measurement error, except for three studies where reliability was “adequate”^{61,64,80}. Synthesis of these results suggest that reliability has a moderate level of evidence, however for measurement error, it is unknown at present.

TABLE 3 General characteristics of included studies

Study	Language	Country	Population	Mean (SD) age	Gender (female %)	Number (response rate %)
1. Alcorta-Garza et al. (2016) ⁴³	Spanish	Spain and Latin American countries	Physicians and medical students	35 (10.8)	54	715 (80)
2. Bilgel and Ozcakir (2017) ²⁰	Turkish	Turkey	Medical students	ns (ns)	ns	ns
3. Borracci et al. (2015) ⁴⁴	Spanish	Argentina	Cardiologists	51.4 (11.4)	24.5	566 (62.9)
4. Costa et al. (2017) ⁴⁵	ns	Portugal, Brazil, United Kingdom, New Zealand, Ireland	Medical students	ns	61.50	3,069 (30.4)
5. Di Lillo (2009) ⁴⁶	Italian	Italy	Physicians	48.7 (8.08)	20.8	289 (37)
6. Diaz Narvaez et al. (2014) ⁴⁷	Spanish	Columbia and Dominican Republic	Medical students	ns	ns	1,838 (55.1)
7. Diaz-Narvaez et al. (2018) ⁴⁸	Spanish	Chile	Dentistry Students	ns	65.2	535 (66.8)
8. du Vaure et al. (2017) ⁴⁹	French	France	Medical students	ns	54.20	299 (74.4)
9. Ferreira-Valente et al. (2016) ⁵⁰	Spanish	Spain	Medical Students	20.7 (2.6)	68	1,104 (73.5)
10. Fields et al. (2004) ⁵¹	English	United States	Nurses and physicians	ns	100	98 (ns)
11. Fields et al. (2011) ⁴	English	United States	Health profession students	ns	88	265 (93.0)
12. Fjortoft et al. (2011) ²⁵	English	United States	Pharmacy students	ns	ns	187 (ns)
13. Gönüllü, & Öztuna (2012) ⁵²	Turkish	Turkey	Medical students	ns	48.4	752 (ns)
14. Gonzalez-Martinez et al. (2018) ⁵³	Spanish	Colombia	Dentistry students	ns	62.70	322 (79.5)
15. Hojat & LaNoue (2014) ¹⁰	English	United States	Medical students	ns	51	2,612 (93)
16. Hojat et al. (2001) ³	English	United States	Physicians, internal medicine residents, and students	ns	ns	289 (ns)
17. Hojat et al. (2002) ⁵⁴	English	United States	Physicians	46.8 (10.5)	26	704 (70)
18. Hojat et al. (2002) ⁵⁵	English	United States	Physicians	46.8 (10.5)	26	704 (70)
19. Hojat et al. (2005) ⁵⁶	English	United States	Internal medicine residents	ns	ns	93 (ns)
20. Hojat et al. (2011) ⁵⁷	English	United States	Medical students	ns	ns	201 (78)
21. Hojat et al. (2015) ⁸	English	United States	Medical students	ns	49	265 (94)
22. Hojat, M., et al. (2018) ²¹	English	USA	Osteopathic medicine students	24.8 (3.4)	47	6009 (92)
23. Hsiao, Tsai & Kao (2013) ²²	Chinese	Taiwan	Nursing students	23.26 (5.0)	89.1	613 (83.9)
24. Jeon & Cho (2015) ⁵⁸	Korean	Korea	Pharmacy students	ns	81.9	447 (98.9)
25. Kataoka et al. (2009) ⁵⁹	Japanese	Japan	Medical students	ns	25.8	400 (66.7)
26. Kataoka et al. (2012) ⁶⁰	Japanese	Japan	Physicians	ns	100	285 (21)
27. Kesbakh et al. (2017) ⁶¹	Iranian	Iran	Oncology nurses	34.9 (6.8)	88.40	205 (88.3)
28. Kliszcz, Saver & Sadowska (2006) ⁶²	Polish	Poland	Physicians, nurses, and students	ns	80	
29. Kožený & Tišanská (2013) ⁶³	Czech	Czech Republic	Physicians	46.71 (11.5)	55.4	1,305 (ns)
30. Leombruni et al. (2014) ⁶⁴	Italian	Italy	Medical students	20.6 (ns)	55.6	257 (65.9)
31. Li et al. (2015) ⁶⁵	Chinese	China	Pharmacy students	20.98 (1.55)	65	263 (99.2)

(Continues)

TABLE 3 (Continued)

Study	Language	Country	Population	Mean (SD) age	Gender (female %)	Number (response rate %)
32. Magalhães et al. (2011) ⁶⁶	Portuguese	Portugal	Medical students	ns	67.4	476 (92)
33. Mandel & Schweinle (2012) ⁶⁷	English	United States	Physician assistant students	24.0 (3.2)	82.3	328 (94.7)
34. McMillan & Shannon (2011) ⁷	English	United States	Nurses	ns	88	598 (83)
35. Montanari et al. (2015) ⁶⁸	Italian	Italy	Nursing Students	22.63 (4.77)	74	797 (92.7)
36. Mostafa et al. (2014) ⁶⁹	Bengali	Bangladesh	Medical students	ns	70.1	348 (81.7)
37. Paro et al. (2012) ⁷⁰	Portuguese	Brazil	Medical students	ns	ns	299 (93.7)
38. Preusche & Wagher-Menghin (2013) ²³	German	Germany	Medical students	ns	44.9	557 (89.3)
39. Rahimi-Madiseh (2010) ⁷¹	Iranian	Iran	Medical students	ns	70.2	181 (52.2)
40. Ren et al. (2016) ⁷²	English	Singapore	Medical students	ns	53.7	881 (62.9)
41. Roh et al. (2010) ⁷³	Korean	Korea	Medical students	ns	32.3	493 (72)
42. San-Martin et al. (2017) ⁷⁴	Spanish	Latin American countries	Physicians and nurses	38 (9.51)	59.5	353 (68)
43. Shahini et al. (2016) ⁷⁵	Iranian	Iran	Student residence assistants	31.49 (4.5)	42	74 (83.5)
44. Shariat, Eshtad & Ansari (2010) ⁷⁶	Iranian	Iran	Physicians	ns	52.7	207 (75)
45. Shekhawat et al. (2017) ²⁴	English	India	Postgraduate dental students	ns	65.80	120 (80)
46. Soler-Gonzalez et al. (2017) ⁷⁷	ns	Spain	Physicians and nurses	44 (11)	Not clearly defined	Not clearly defined
47. Spasenoska, Costello & Williams (2016) ⁷⁸	English	Malaysia	Medical students	19.3 (1.2)	57	193 (ns)
48. Stansfields et al. (2016) ⁷⁹	English	United States	Medical students	23.7 (2.7)	49.5	4,749 (77.2)
49. Ster et al. (2013) ⁸⁰	Slovenian	Slovenia	Medical students	19.3 (2.3)	69.2	234 (78.5)
50. Suh et al. (2012) ⁸¹	Korean	Korea	Physicians	ns	45	229 (100)
51. Tariq et al. (2018) ⁸²	English	Pakistan	Medical students	ns	49.60	337 (70.9)
52. Tavakol, Dennick & Tavakol (2011) ⁸³	English	United Kingdom	Medical students	ns	55.1	853 (68.2)
53. Waldrop et al. (2016) ⁸⁴	English	United States	Dental students	26.3 (4.2)	43.5	292 (86.9)
54. Ward et al. (2009) ⁸⁵	English	United States	Nursing students	ns	85	333 (71)
55. Wen et al. (2013) ⁸⁶	Chinese	China	Medical students	ns	63.2	753 (83.5)
56. Williams et al. (2013) ⁸⁷	English	Australia	Paramedic students	ns	65.2	330 (ns)
57. Yanik & Saygili (2014) ⁸⁸	Turkish	Turkey	Medical students	20.8 (ns)	74.2	414 (74.2)
58. Yuguero et al. (2017) ⁸⁹	Spanish	Spain	Physicians and nurses	48 (median) (31-65 years)	78.3	267 (52.7)
59. Yuguero Torres et al. (2015) ⁹⁰	Spanish	Spain	Physicians	ns	63.9	108 (49.8)

ns=not specified

TABLE 4 Methodological quality of assessments of the measurement properties of the JSE

Study (year) (reference no.)	Structural validity	Internal Consistency	Reliability	Measurement error	Convergent validity	Other
1. Alcorta-Garza et al. (2016) ⁴³	Very good	Inadequate	NR	NR	NR	Cross cultural validity -Doubtful
2. Bilgel and Ozcakir (2017) ²⁰	Very good	Very good	NR	NR	NR	NR
3. Borracci et al. (2015) ⁴⁴	Adequate	Very good	NR	NR	NR	NR
4. Costa et al. (2017) ⁴⁵	Adequate	Very good	NR	NR	Very good	Cross cultural validity -Adequate
5. Di Lillo (2009) ⁴⁶	Adequate	Inadequate	NR	NR	NR	NR
6. Diaz Narvaez et al. (2014) ⁴⁷	N/A	N/A	NR	NR	NR	Cross cultural validity -Doubtful
7. Diaz-Narvaez et al. (2018) ⁴⁸	Inadequate	Inadequate	NR	NR	NR	NR
8. du Vaure et al. (2017) ⁴⁹	Inadequate	Inadequate	Inadequate	Inadequate	NR	NR
9. Ferreira-Valente et al. (2016) ⁵⁰	Very good	Very good	NR	NR	NR	NR
10. Fields et al. (2004) ⁵¹	NR	Inadequate	NR	NR	NR	NR
11. Fields et al. (2011) ⁴	Inadequate	Inadequate	Inadequate	Inadequate	NR	NR
12. Fjortoft et al. (2011) ²⁵	Adequate	Inadequate	NR	NR	NR	NR
13. Gönüllü, & Öztuna (2012) ⁵²	Very good	Very good	NR	NR	NR	NR
14. Gonzalez-Martinez et al. (2018) ⁵³	Inadequate	Inadequate	NR	NR	NR	NR
15. Hojat & LaNoue (2014) ¹⁰	Very good	Inadequate	NR	NR	NR	NR
16. Hojat et al. (2001) ³	Adequate	Inadequate	NR	NR	Inadequate	Outcome measure development - Inadequate Content validity -Doubtful
17. Hojat et al. (2002) ⁵⁴	Adequate	Inadequate	Inadequate	Inadequate	NR	NR
18. Hojat et al. (2002) ⁵⁵	Inadequate	Inadequate	NR	NR	NR	NR
19. Hojat et al. (2005) ⁵⁶	N/A	N/A	NR	NR	Very good	NR
20. Hojat et al. (2011) ⁵⁷	Adequate	Inadequate	NR	NR	Very good	NR
21. Hojat et al. (2015) ⁸	Adequate	Inadequate	NR	NR	NR	NR
22. Hojat, M., et al. (2018) ²¹	Very good	Very good	NR	NR	NR	NR
23. Hsiao, Tsai & Kao (2013) ²²	Adequate	Very good	Inadequate	Inadequate	NR	NR
24. Jeon & Cho (2015) ⁵⁸	Very good	Very good	NR	NR	Very good	NR
25. Kataoka et al. (2009) ⁵⁹	Adequate	Inadequate	NR	NR	NR	NR
26. Kataoka et al. (2012) ⁶⁰	Inadequate	Inadequate	NR	NR	NR	NR
27. Kliszcz, et al. (2006) ⁶²	Inadequate	Inadequate	NR	NR	NR	NR
28. Kožený & Tišanská (2013) ⁶³	Very good	Inadequate	NR	NR	NR	NR
29. Leombruni et al. (2014) ⁶⁴	Very good	Inadequate	Adequate	Inadequate	NR	NR
30. Li et al. (2015) ⁶⁵	Adequate	Inadequate	NR	NR	NR	NR
31. Magalhães et al. (2011) ⁶⁶	Very good	Inadequate	NR	NR	NR	NR
32. Mandel & Schweinle (2012) ⁶⁷	NR	Inadequate	NR	NR	NR	NR
33. McMillan & Shannon (2011) ⁷	Very good	Inadequate	NR	NR	Very good	NR
34. Montanari et al. (2015) ⁶⁸	Very good	Inadequate	Doubtful	Inadequate	NR	NR
35. Mostafa et al. (2014) ⁶⁹	Adequate	Inadequate	NR	NR	NR	NR
36. Paro et al. (2012) ⁷⁰	Adequate	Very good	NR	NR	NR	NR
37. Preusche & Wagher-Menghin (2013) ²³	Adequate	Inadequate	Inadequate	Inadequate	NR	NR

(Continues)

TABLE 4 (Continued)

Study (year) (reference no.)	Structural validity	Internal Consistency	Reliability	Measurement error	Convergent validity	Other
38. Rahimi-Madiseh et al. (2010) ⁷¹	Adequate	Very good	NR	NR	NR	NR
39. Ren et al. (2016) ⁷²	Very good	Inadequate	NR	NR	NR	NR
40. Roh et al. (2010) ⁷³	Adequate	Inadequate	NR	NR	NR	NR
41. San-Martin et al. (2017) ⁷⁴	NR	Inadequate	NR	NR	NR	NR
42. Sedaghati Kesbakhhi et al. (2017) ⁶¹	Very good	Very good	Adequate	Inadequate	Very good	NR
43. Shahini et al. (2016) ⁷⁵	Inadequate	Inadequate	NR	NR	NR	NR
44. Shariat, Eshtad & Ansari (2010) ⁷⁶	Adequate	Inadequate	NR	NR	NR	NR
45. Shekhawat et al. (2017) ²⁴	Adequate	Inadequate	NR	NR	NR	NR
46. Soler-Gonzalez et al. (2017) ⁷⁷	Inadequate	Inadequate	NR	NR	NR	NR
47. Spasenoska, Costello & Williams (2016) ⁷⁸	Adequate	Very good	NR	NR	NR	NR
48. Stansfield et al. (2016) ⁷⁹	Very good	Inadequate	NR	NR	NR	NR
49. Ster et al. (2014) ⁸⁰	Adequate	Inadequate	Adequate	Inadequate	NR	NR
50. Suh et al. (2012) ⁸¹	Adequate	Inadequate	NR	NR	NR	NR
51. Tariq et al. (2018) ⁸²	Inadequate	Inadequate	NR	NR	NR	NR
52. Tavakol, Dennick & Tavakol (2011) ⁸³	Very good	Very good	NR	NR	NR	NR
53. Waldrop et al. (2016) ⁸⁴	Adequate	Inadequate	NR	NR	NR	NR
54. Ward et al. (2009) ⁸⁵	Adequate	Very good	NR	NR	Very good	NR
55. Wen et al. (2013) ⁸⁶	Adequate	Inadequate	NR	NR	NR	NR
56. Williams et al. (2013) ⁸⁷	Very good	Inadequate	NR	NR	NR	NR
57. Yanik & Saygili (2014) ⁸⁸	Very good	Very good	NR	NR	Very good	NR
58. Yuguero et al. (2017) ⁸⁹	Inadequate	Inadequate	NR	NR	NR	NR
59. Yuguero Torres et al. (2015) ⁹⁰	NR	Inadequate	NR	NR	NR	NR

NR = not reported

TABLE 5 Best evidence synthesis of measurement properties of the JSE

Measurement property (no. of studies assessing measurement property)	COSMIN Risk of Bias checklist ratings				Level of evidence for the quality of measurement property
	Very good	Adequate	Doubtful	Inadequate	
Structural validity (n=53)	18	24	0	11	Strong (+)
Internal consistency (n=57)	15	0	0	42	Strong (+)
Reliability (n=9)	0	3	1	5	Moderate (+)
Measurement error (n=9)	0	0	0	9	Unknown
Convergent validity (n=9)	8	0	0	1	Strong (+)
Cross cultural validity (n=3)	0	1	2	0	Moderate (+)

Using the updated version of the Risk of Bias checklist³¹, only three studies were able to be assessed with regards to cross-cultural validity. Synthesis of the evidence from these studies indicate that

there is a moderate level of evidence for this property. The previous version of the Risk of Bias checklist³⁸ included evaluation of procedures such as language translation, which was not assessed with the

updated tool. Thus, it is possible that some studies may have been previously assessed in the literature as having a higher quality of reporting due to adequate translation procedures used.

Thus, although the JSE is one of the most widely used measures of empathy in a health care environment, a level of caution needs to be employed in the determination of conclusions regarding aspects such as reliability, measurement error, or cross-cultural validity. More consistent reporting of psychometric properties of the JSE would add significantly to the methodological rigour of assessments of the tool.

Most published papers using the COSMIN methodology utilized an earlier the version of the Risk of Bias scale^{38,39}. Since this time the methodology has been updated considerably, as previously outlined in the present paper^{31,32}. This means that the present study describes different findings that would have been if using the former version of the Risk of Bias checklist.

CONCLUSION

The JSE is a tool to measure empathy in health care, which demonstrates robust structural validity, internal consistency, and convergent validity. These psychometric characteristics are generally well reported in the literature and thus may be interpreted with relative confidence when used in empathy research. However, the quality of evidence for reliability, measurement error, and cross-cultural validity is somewhat poorer and only addressed in a small number of papers. Thus, a degree of caution should be considered in drawing conclusions when using the JSE with regard to these properties until further research is undertaken to strengthen evidence. As the quality of assessment of psychometric properties of the JSE is inconsistent, it is recommended that future examinations of the JSE refer to the COSMIN guidelines to ensure complete and well-reported psychometric data are included.

DECLARATIONS

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

No ethical approval required for this study.

CONSENT FOR PUBLICATION

Not applicable

AVAILABILITY OF DATA AND MATERIAL

Not applicable

COMPETING INTERESTS

Nil competing interests to declare

FUNDING

No funding was provided for this paper

AUTHORS' CONTRIBUTIONS

BW conceptualized the study, developed the search strategy, evaluated the methodological quality of included studies, wrote sections of the paper, provided feedback on manuscript drafts, and read and approved the final manuscript. BB developed the search strategy, performed the literature search, drafted the manuscript, evaluated the methodological quality of included studies, and read and approved the final manuscript.

ACKNOWLEDGEMENTS

Nil

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How to cite this article: Williams B, Beovich B. A systematic review of psychometric assessment of the Jefferson Scale of Empathy using the COSMIN Risk of Bias checklist. *J Eval Clin Pract*. 2019. <https://doi.org/10.1111/jep.13293>